

# Managing High Risk Lesions: A Pathologist's Perspective

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### Chicago International Breast Course The Westin Chicago River North November 1-3, 2019

• No disclosures to report.

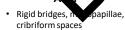


#### **NCCN** Guidelines Benign and image discordant ADH Surgical excision Pleomorphic LCIS "Other specific histologies" Non-concordant Surgical exci with imaging Classic LCIS or ALH Clinicaland in Concordant with imaging surgical ex Adapted from https://www.nccn.org/professionals

# Overview

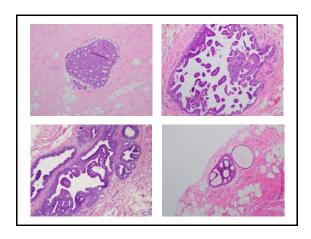
- A pier ductal hyperplasia (ADH)
- Flat epithelial atypia (FEA)
- Lobular neoplasia
  - Classic LCIS and ALH
  - LCIS variants
- Papillomas, radial scars & complex sclerosing lesions
- · Mucocele-like lesions

### ADH vs Low Grade DCIS

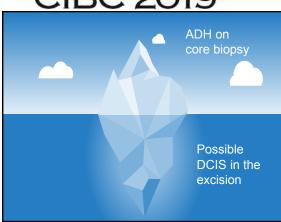


- Monotonous nuclei, even cell placement, distinct borders
- · Partial involvement
- Less than 2 spaces or ≤2 mm in greatest extent

- **DCIS**
- Rigid bridges, micropapillae, cribriform spaces
- Monotonous nuclei, even cell placement, distinct borders
- · Complete involvement
- ≥2 spaces or >2 mm in greatest extent







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### My Perspective

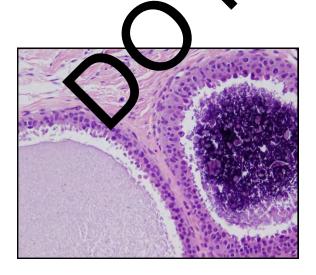
- Lots of morphologic overlap between ADH & low grade DCIS (criteria are subjective)
- Even cases pathologists are worried about ("borderline DCIS") only have a 50% upgrade rate at excision
- A conservative approach: diagnose as A H on core and wait until excision for definitiv categorization



### **FEA**

- reasingly detected because of association with microcalcifications
- Per NCCN may be "suitable for monitoring in lieu of surgical excision"
- Mayo Benign Breast Disease Cohort data
  - Incidence 2.4%
  - About half of FEA cases were associated with other atypia (ADH and/or ALH)
  - Relative risk of breast cancer is not elevated by FEA alone

Said SM et al. Cancer. 2015;121(10):1548-55.



	Pure FEA cases / # excised	Upgrade to DCIS or IC	Indication for biopsy	Residual lesion post-biopsy	Patients without excisions
Noel et al (2009)	62 / 20	0	Calcifications	Present in the 20 excised cases	No changes in mammogram at 6-12 months post biopsy
Uzoaru et al (2012)	145 / 95	3 (3%)	Calcifications, mass	Unknown	No changes in mammogram with mean follow-up of 5 years
Peres et al (2012)	128 / 95	9 (9%)	Calcifications, mass	Unknown	No changes in mammogram with median follow-up of 13 months
Khoumanis et al (2013)	104 / 94	10 (10%)	Calcifications, mass	Unknown	No changes in mammogram with mean follow-up of 36 months



### My Perspective

- I have a high diagnostic threshold for FEA on core biopsy
- Examination of deeper levels can be helpful
- Excision should be considered on a case by case basis to account for other risk factors

Martel et al. Virchows Arch;2007;451(5):883-91

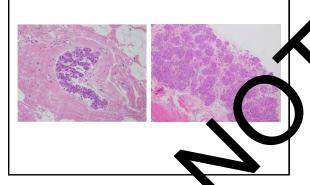
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### ALH and classic LCIS

- · Most often an incidental finding
- Never mass forming but can occasionally be associated with calcifications
- Multicentric in up to 85% of patients and bilateral in 30-67%

WHC assification of Tumours of the Breast, 4<sup>th</sup> ed.

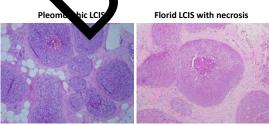






	# of Upgrades	Upgrade Rate
Rendi (2012)	3/68	4.4%
Murray (2013)	2/72	3.0%
Nakhlis (2016)	2/77	3.0%
Susnik (2016)	7/180	3.9%
Total	14/397	3.5%

# LAS Variants



Often associated with microcalcifications

Although clinical significance is unclear, excision is warranted

### My Perspective

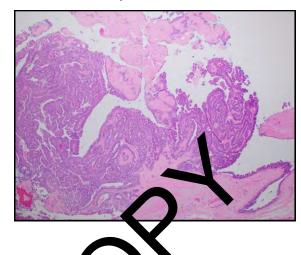
- Path-rads concordance is key with ALH and classic LCIS
- Upgrade rate is 3-4% so clinical and imaging follow-up is acceptable
- The above statements apply to classic LCIS only; LCIS variants should be excised

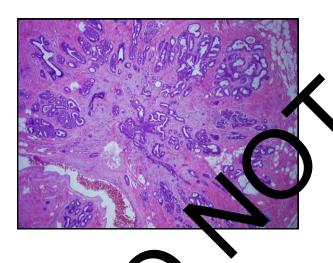


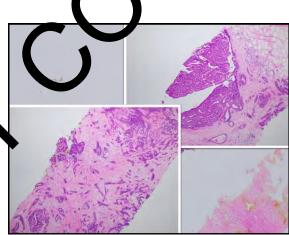
### Papillomas & Radial Scars

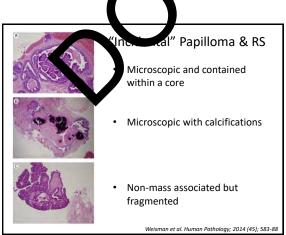
- NCCN
  - Papillomas without atypia and "adequately sampled or incidental radial scars" may be "suitable for monitoring in lieu of surgical excision"
  - Also listed as lesions that may "require additional tissue"
- · Complex sclerosing lesion (CSL)
- Mass forming vs. incidental

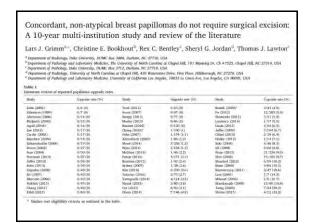
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Concordant, non-atypical breast papillomas do not require surgical excision:

A 10-year multi-institution study and review of the literature

Lars J. Grimm<sup>6,\*\*</sup>, Christine E. Bookhout<sup>6</sup>, Rex C. Bentley<sup>6</sup>, Sheryl G. Jordan<sup>1</sup>, Thomas J. Lawton<sup>6</sup>

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\*\*Table 1\*\*

Literature review of reported populinosa upgrade rates

Study (reported populinosa upgrade rates)

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Concordant, non-atypical breast papillomas do not require surgical excision: A 10-year multi-institution study and review of the literature

Lats J. Grimm<sup>b,c</sup>, Christine E. Bookhout<sup>b</sup>, Rex C. Bentley<sup>c</sup>, Sheryl G. Jordan<sup>d</sup>, Thomas J. Lawton<sup>c</sup>

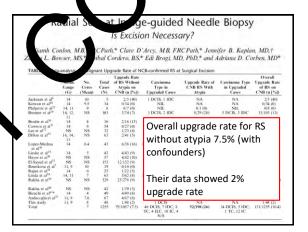
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- Their own cohort included 388 papillomas
- 35% were excised with no cancers found
- No cancers were diagnosed in the group that was followed by imaging
- Overall upgrade rate from lit revew ~4%
  - Down to 1.8% when studies with a nfounders are excluded
  - Down to 0.6% with the a lition of the data

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### My Perspective

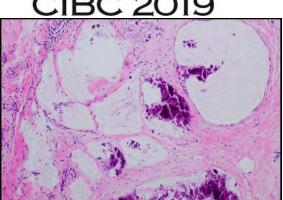
- These diamoser encompass a range of lesions
  - If atypical appropriate may be warranted
- The literature is plagued by confounding variables
  - When confounders are removed, the upgrade rate is very low (~2% for papillomas and RS)
- Small (<1 cm) or incidental papillomas, RS or CSLs can reasonably be followed

Conlon et al. AJSP; 2015 (39); 779-785 Neal et al. Mayo Clin Proc; 2014 (89); 536-47 Grimm et al. Clinical Imaging; 2018 (51); 180-85

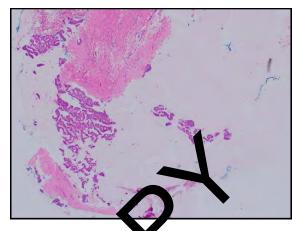
### Mucocele-like lesions

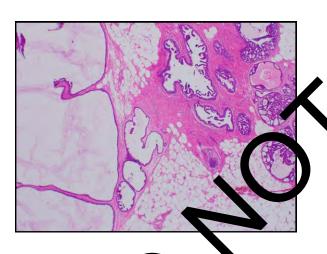
- Range of imaging findings: mass forming, calcifications, or incidental
  - 70-80% associated with calcs
- · NCCN "may require additional tissue"
- Arise in the setting of various pathologic processes





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Mucocce-like lesions without atypia

\$ .y	# of Upgrades	Upgrade Rate
rfer (2011)	1/50	2%
Sutton (2012)	0/22	0
Rakha (2013)	2/54	3.7%
Ha (2015)	0/12	0
Park (2015)	0/21	0
Diorio (2016)	2/35	5.7%
Zhang (2018)	1/19	5.2%
Moseley (2019)	1/16	6.2%
Total	7/229	3%

# My Perspective

- MLLs that are as ociated with atypia and/or a mass should keely be excised
- MLLs without atypia have an upgrade rate of about 3%

Harrison et al. Surg Path Clin; 2018 (11); 61-90

### **Take Home Points**

- ADH can be found in isolation or in association with other high risk lesions and should be excised
- LCIS variants ≠ ALH/classic LCIS
- High risk lesions without atypia have a relatively low upgrade rate
  - ~2% for IDP, RS
  - ~3-4% for MLLs, classic LCIS/ALH
  - ~7% for FEA
- Imaging findings, concordance & clinical factors can help decide when excision is warranted



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